

Town of Indian Lake

Quadrathlon Race

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| 1. First Name | |
| 2. Last Name | |
| 3. Address | |
| 4. City | zip |
| 5. State | |
| 6. Phone | Emergency |
| 7. Email | |
| AQA Member number | |
| 8. Age Bracket (please list month and year only) | Adult Junior Senior |
| 9. Entry Fee \$100 10. Membership \$35 | Paid Check Credit Card |
| 11. Hotel room needed | Yes No |
| 12. Kayak needed | Yes No |
| NOTE | Health - It is the competitor's responsibility to be well prepared for the competition, both regarding general health as well as present level of training and competence. |